

Summer Term 2025

Welcome back!

I hope you all had an enjoyable half term break.

In this term's Inclusion News I am happy to share the School Nurse drop-ins are starting again. We also have the Speech and Language Therapy service also running an information session and drop in morning too. For more information, see later in the newsletter.

We have had a number of children recently visit the optician and be told that they need glasses. I would highly recommend that you do get your child's eye tested annually. We are seeing an increase in children needing glasses. This is a national trend, linked to increased screentime and less time outdoors.

It is really important children can see clearly so they are able to read easily and see the board in the classroom. Eye tests are free for children.



I am available most mornings to speak to on the gate, or you can ask to book a meeting with me if you have any concerns about how your child is getting on at school.

Best wishes

Sam Harris

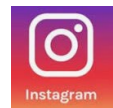


Have you checked out our Facebook page recently?

This is updated regularly with local events or courses and information about the school. <https://www.facebook.com/100046220575822/>

We're also on Instagram! Follow us on @heathlandsnews

<https://www.instagram.com/heathlandsnews/>



Parent drop-in

Your next drop-in will be on:

Wednesday 4th June
1-3pm

Your school nursing team can provide non-judgemental and confidential support and advice about:

- Healthy lifestyle advice
- Emotional health and well-being support
- Bedwetting and toileting
- Nutrition and growth
- Sleep advice
- Signposting to various services
- Parenting advice
- Behaviour support



You can contact us via

- School nursing admin hub on 01929 557 558
- Parentline advice 5-19 texting service on 07312263131
- Website at www.dorsethealthcare.nhs.uk/school-nursing

Follow us on social media:



DorsetHealthCare School Nursing



[dorsethealthcare_schoolnursing](https://www.instagram.com/dorsethealthcare_schoolnursing)

We provide a confidential service. This means that you can discuss personal information in confidence. We will not discuss your personal information with anyone else without your permission. This includes parents and teachers. We would only pass on your information in order to protect you or someone else from serious harm. Whenever possible we would discuss this with you first.

School Nurse drop in session - taking place in school. Just turn up and wait your turn to speak with the school nurse in private. Wednesday 4th June between 1pm and 3pm.

ASD/ADHD Carers & Parents Support Group

Are you a parent or carer of a child with ASD or ADHD? You're not alone! Join our friendly and supportive group to connect with others who understand your journey.

- 🗨️ Share experiences
- 💡 Gain helpful tips & advice
- 🤝 Find support in a welcoming space

All parents and carers are welcome—come along for a chat, a hot drink, and a supportive community!



At Henry Brown Centre
10am - 12pm

Every other Tuesday:
 3rd June, 17th June, 1st July,
 15th July, 29th July, 12th August

📍 Location: Cunningham Cres,
 Bournemouth BH11 8DU
 📞 Contact: 07427296495



Speech and Language Therapy Coffee Morning

When: Wednesday 25th June 9.30 – 11am

Where: Heathlands School



We welcome parents and carers who would like to discuss their children's speech, language and communication skills to attend the session which will include:

- 9:30 am short talk on speech, language communication skills and how we support
- 9:50 – 11 am opportunities to book a time to meet the SALT team individually and discuss any concerns or questions.

By attending this session, you consent to discussing your child's speech language and communication needs with a speech and language therapist. Slots are 10 minutes each.

If you would like to attend, please let us know so we can ensure we have enough space using the email address below. If you would also like to book an individual chat with the Speech and Language Therapist after the talk, please email with your preferred time to: Amanda.price23@nhs.net

Slots will be given on a first come first serve basis.



Everyone is welcome to come to a talk from one of the Speech and Language Therapists who comes into school to work with children. She will be explaining a bit about what they do and how to support speech, language and communication needs. You can also book up a time to speak 1:1 with the therapist.

Help with school transition

<https://camhsdorset.org/about-camhs/mental-health-support-teams-mhsts#>

Later in the next half term, we will be completing work in school around transition, whether it is moving on to secondary or moving classes.

The MHST also have some useful videos and resources that you might find helpful.

The most important thing to do to support is listen, reassure and look at positives and ways to overcome any worries.

