Bikeability Training Parent/Carer Booking Information

Dear Parent / Carer,

Your child's class will be taking part in **free** Bikeability Cycle training provided by BCP Council in week commencing 12th October 2026.

Bikeability has replaced Cycling Proficiency as the government's national cycle training programme. It is funded by the Department for Transport and is delivered by trained, DBS-checked Bikeability instructors.

Bikeability trains riders to make independent decisions and practice safe and responsible cycling. It is offered at different levels to support your child's increasing skills and confidence. Riders must demonstrate all assessment criteria for each level independently before they progress on to the next Bikeability level. Your child's instructor will work with the school to advise you when your child is ready for the next level. These levels are: -

- **Learn to Ride** – develops basic skills in riding a pedal bike without stabilisers.
- **Playground Bike Skills (Level 1)** - develops cycle handling skills before riding on the road.
- **Residential Road Training (Level 2)** develops skills for cycling on single-lane roads with simple junctions and moderate traffic.
- **Advanced Cycle Training (Level 3)** - develops skills for cycling on busy, complex roads and junctions.

If your child is registered as a new rider, they will initially join a 1-hour Learn-to-Ride session in the school main playground. If they are then able to ride independently, they will be invited to join a subsequent 1.5-hour Level 1 session, again in the main playground.

If your child already rides independently, they will join a 1.5-hour Level 1 session in the main playground.

We hope all riders will then be able to join a 2-hour Level 2 session riding on quiet residential roads.

Please check that your child's bike and helmet are in full working condition and bring them in on the chosen date(s).

To register consent for your child on their school Bikeability course please go to:

https://consent.bikeability.org.uk/wait-roman-fire

Heathlands Primary Academy-Bournemouth

This registration process will also allow you to request a bike / helmet for your child if required.

Please email any questions to: heathlands@coastalpartnership.co.uk

Department for Transport

www.bikeability.org.uk