

Heathlands Primary Academy & Pre-School
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6th July, 2026

Dear Parent/Carer

As a part of your child's education at Heathlands Primary Academy and Pre-School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. As part of PSHE, we have a statutory duty to teach relationships and sex education (RSE).

I am writing to let you know that, in the next few weeks of term, your child's class will be taking part in lessons which will focus on the sex education (RSE) aspect of this programme.

Lessons in Year 6 will include pupils learning about growing and changing, including puberty and how babies are conceived, including IVF and other means. On Monday 13th July, the children will take part in a specific lesson called 'Making Babies'. The specific lesson that is taught in Key stage 2 is designed to ensure that children know the accurate facts concerning this before going to secondary school, and to ensure that children understand how and why the body changes during adolescence.

PSHE is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE curriculum. All PSHE teaching takes place within a safe learning environment and lessons can be adapted to respond to the needs of the children.

If you wish to find out more information about what your child will learn about this, please contact the school and Mrs Walpole, PSHE lead will contact you to discuss this further. We can also offer you advice on ways to support your child to discuss these topics at home.

If you have already written to the headteacher withdrawing your child from this lesson on the 13th July your child will be given alternative learning in a different classroom.

As a school community, we are committed to working in partnership with parents.

Please contact us if you would like to find out more.

Yours sincerely

M Walpole

Mrs M Walpole
Subject Lead for PSHE Education