

Heathlands Primary Academy & Pre-School
Andrews Close
Springwater Road
Bournemouth
Dorset
BH11 8HB



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18th March 2026

Dear Parent/Carer

On Monday 23rd March, children in year 1 will have the opportunity to sample some sandwich fillings as part of our DT unit of learning. The children will have the opportunity to sample the following interesting fillings:

- Strawberry and cream cheese
- Pineapple and mayonnaise
- Banana and honey
- Strawberry jam and cornflakes

The children will be tasting the fillings within a sandwich so bread will be sampled.

If you do not want your child tasting the food in this lesson you must complete and return the below form to the school office.

If your child has any food allergies, please complete the allergies form below.

Yours sincerely

Mrs Walpole
Year 1 class teacher

Food tasting Monday 23rd March, 2026

Child's name Year 1

Allergies – Please specify & circle appropriate level of need					
1.	Mild	Moderate	Severe	Treatment	
2.	Mild	Moderate	Severe	Treatment	
3.	Mild	Moderate	Severe	Treatment	
4.	Mild	Moderate	Severe	Treatment	
Further information about allergies if needed					

I give/do not give permission for my child to take part in sampling sandwich fillings Yes / No

My child has the following food allergies: