

Heathlands Primary Academy & Pre-School
Andrews Close
Springwater Road
Bournemouth
Dorset
BH11 8HB



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24th February 2026

Dear Parent/Carer,

Year 5 – Osmington Bay Residential Trip

We are getting very excited about the approaching Year 5 Residential trip to Osmington Bay.

This letter is just to provide some more detailed information around the arrangements for the trip.

We will leave school in two minibuses in the morning of Wednesday 25th March, and return at approximately 3pm on Friday 27th March (please note that this is a half day at school, so we will be arriving after the other children have gone home). If the arrival time at school changes due to delay, we will notify you via the contact details held on our school records.

Kit List

Please see the attached 'What to Bring' kit list as suggested by PGL.

Please note in particular:

- Your child will need to bring
 - a pillow in a pillow case and
 - sleeping bag or duvet and bottom sheetas bedding will not be provided.
- **Children will not be permitted to bring their mobile phones or any electronic devices** either on their person or in their luggage due to our school safeguarding policies (see notes on keeping in contact below).
- Although we are not planning any water sport activities, since we are going in March the children will need several changes of clothes suitable for wet / cold / muddy conditions.
- Pocket money (£10-20 optional). Pocket money is not required but your child can bring some if you wish as there is a gift shop on site. PGL suggest a pocket money budget of £10-20. If you do wish to send a small amount of pocket money, **please make sure this is supplied in a named envelope and handed to a member of school staff for safe keeping**. We can provide an envelope for this purpose if you do not have one available. Children should not bring money in their pockets or luggage due to the risk of it getting lost.
- Please do not bring any precious or valuable items.

Keeping in Contact

In the case of any emergency whilst at camp, a member of school staff will contact you as soon as possible using the details stored on our school records.

If you need to send a message to the staff on camp, please do so through the class email foxes.heathlands@coastalpartnership.co.uk which will be monitored at least once a day.

In event of an emergency, please contact the main school office by email or phone. They will action any message accordingly during office hours. Any emails received by the school office after 4:15pm will be picked up at 8:00am when the office opens.

Sleeping Arrangements

Pupils will be sleeping in single sex rooms with a maximum of 4 in each room. Each room will have an en-suite toilet and washing/shower facilities. Myself, Mrs Tillet and one other adult from school will be sleeping in rooms on the same corridor as the children in order to check on children, maintain close supervision and ensure the children are comfortable and happy.

Activities

All relevant activities will be led by trained / qualified PGL staff and children will be accompanied by a member of school staff for each activity. We have lots of activities planned which we are sure the children will find fun and challenging – climbing wall / abseiling, problem solving, disc golf, giant swing, trapeze, orienteering, survivor, a ballon splash and even a campfire! You can see more information about these activities online on the PGL Osmington Website at <https://adventureholidays.pgl.co.uk/camps/osmington-bay>

Consent Forms

Please complete and return **both** attached consent forms by **Monday 2nd March**.

Form 1 – PGL Consent Form

Form 2 – Minibus Travel consent form

Yours sincerely

Mr Golding

Deputy Headteacher

What to Bring – PGL Osmington Bay

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- Tops & jackets
 - T-shirts
 - Long sleeved shirt/T-shirts
 - Waterproof jacket
 - Fleeeces/jumpers
- Trousers or leggings
but not jeans as they get heavy and cold when wet
- Underwear & socks
- 1 or 2 sets of clothes for the evening
- Suitable nightwear



Your arms will need to be covered to do some activities.



Your socks will need to cover your ankles to do some activities.



...SUMMER?

- Shorts
- Baseball cap/sun hat
- Sunscreen

...WINTER?

- Warm coat
- Hat and gloves

FOOTWEAR

- 2 pairs of trainers
- 1 pair of dry shoes for evening activities

We recommend that all visitors wear closed-toe footwear while on site due to uneven terrain and safety considerations around activity areas

OTHER ITEMS

- 2 towels → 1 for showering
1 old one for activities
- Reusable drinks bottle
- Small rucksack/bag
- Labelled bin bag for wet and dirty clothing
- Sleeping bag or duvet and pillow (unless otherwise advised)
- Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)
- Hair ties for long hair
- Torch



What to Wear

Rope sessions

- ✓ Sturdy footwear
- ✓ Tops to cover the shoulders
- ✓ Shorts that cover the thighs
- ✓ Long trousers
- ✗ Flip flops/crocs/sandals
- ✗ Denim shorts

Muddy activities

- ✓ Old trainers
- ✓ Long trousers (waterproof if possible)
- ✓ Layers
- ✗ Flip flops/crocs/sandals
- ✗ Shorts

PLEASE DO NOT BRING

- ✗ Electrical devices
- ✗ Computer games
- ✗ Food items that contain nuts
- ✗ Jewellery/valuables
- ✗ Aerosols
- ✗ Flip flops/crocs/sandals

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N.B. – Mobile phones are not permitted.

Minibus Consent Form

PGL Osmington 2026

Name of child _____

[] I consent for my child to travel on minibus driven by a trained adult for the PGL Osmington Bay Trip 2026.

Signed _____

Parent name _____



Parent consent form

(to be retained by school – PGL do not require a copy)

Emergency details	
Child's Full Name	_____
Full postal Address	_____ _____ _____
Date of Birth	_____
Place of Birth	_____
Parent / Guardian's Full Name	_____
	☎ Day _____
	☎ Evening _____
	☎ Mobile _____

Important Medical and Dietary Details	
Name of Doctor	_____ ☎ _____
Please give details of any medical conditions, allergies or current medication.	_____ _____ _____
Is your child allergic to any medication?	Yes / No
If YES please give details.	_____ _____
Please give details of any special dietary requirements.	_____ _____

Swimming Ability	
Is your child able to swim 50 metres or more?	Yes / No
Is your child water confident (can duck head underwater & swim 15m in a life jacket/buoyancy aid without panic)?	Yes / No
Is your child unable to swim?	Yes / No

Declaration

I have read the information sheet provided and agree to my child's participation in the activities described. I believe that the information provided above is correct and will notify the course organiser of any changes as soon as possible. I agree to my child receiving medication as instructed and to any emergency dental, medical or surgical treatment as considered necessary by the medical authorities present. I understand the extent and limitations of the insurance cover provided.

Signature of Parent/Guardian

Date

The personal information supplied will only be used to allow PGL employees, agents, subcontractors and suppliers to provide the promised service to PGL's normal high standard.

