

Heathlands Primary Academy & Pre-School
Andrews Close
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24 February 2025

Ramadan

I am aware that families all over the world are preparing to celebrate Ramadan, the month of fasting, and therefore am writing to clarify our arrangements. We would like to be aware of children who are fasting so we can ensure that they are adequately supported. We understand that Muslim children learn to fast incrementally and are prepared to allow fasting for up to half a day, assuming that it is not so hot that dehydration becomes a serious risk.

Please complete and return the form below to your child's class teacher before Friday 28th February 2025. Please note that if a child faints due to dehydration they will be given water. For health and safety reasons no child will be allowed to fast unless we have their parent's written consent.

Yours sincerely,

Janine Harries

Janine Harries
Headteacher

Name of Child

Please tick one box on each line	Yes	No
My child is not yet ready to fast at school during Ramadan		
My child will fast in school on the following days during Ramadan (Please note which days here):		
My child will fast every day at school during Ramadan		
If your child is taken ill at school or faints due to fasting would you like us to call you?		
If your child is taken ill at school or faints due to fasting would you like us to give them food?		

Signed.....Parent/Guardian

Date